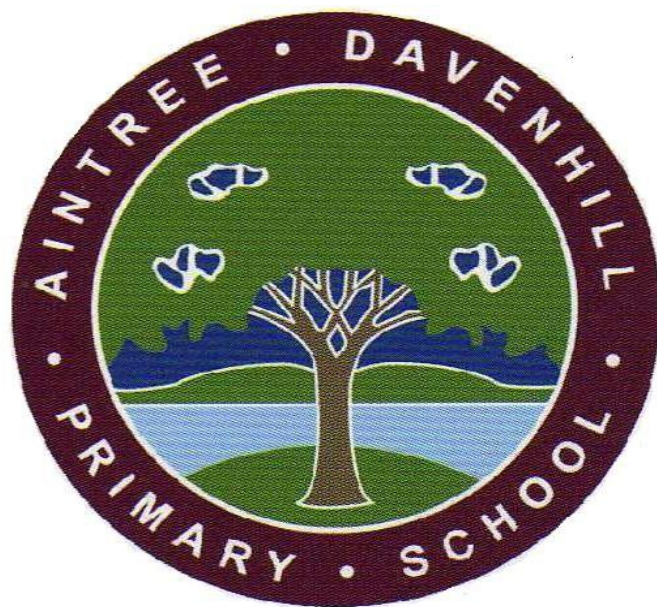


Aintree Davenhill Primary School



PE Policy

Approved by the Headteacher

July 2026

Review date July 2027

Vision Statement

At Aintree Davenhill Primary School, we believe that high-quality Physical Education inspires all pupils to succeed and excel in competitive sport and physically demanding activities. We are committed to providing a broad, balanced and inclusive PE curriculum that promotes physical competence, healthy lifestyles, resilience, teamwork and enjoyment.

Through PE, sport and physical activity, we aim to develop confident, motivated and healthy learners who understand the importance of leading active lives both now and in the future.

Curriculum Intent

At Aintree Davenhill Primary School, we recognise the vital contribution that Physical Education makes to children's physical development, emotional wellbeing and overall health.

Our PE curriculum aims to:

- Develop competence in a broad range of physical activities.
- Enable pupils to become physically confident in a way that supports their health, wellbeing and fitness.
- Inspire children to succeed and excel in competitive sport and physical activities.
- Promote enjoyment of physical activity and lifelong participation in sport.
- Develop resilience, determination, leadership and teamwork.
- Foster values including fairness, respect, honesty and sportsmanship.
- Support children's mental health and wellbeing through regular physical activity.
- Ensure all pupils, regardless of ability or background, can access and enjoy PE.

Curriculum Implementation

The school follows the National Curriculum for Physical Education and delivers a progressive programme of learning from Reception to Year 6 using the PE Hub Scheme of Work alongside carefully selected enrichment opportunities.

Early Years Foundation Stage

Physical Development is delivered through both adult-led and child-initiated activities. Children develop:

- Fundamental movement skills

- Balance and coordination
- Agility and spatial awareness
- Fine and gross motor control
- Confidence in movement and physical activity

These skills support the achievement of the Physical Development Early Learning Goals.

Key Stage One

Pupils develop fundamental movement skills through:

- Running
- Jumping
- Throwing
- Catching
- Balance
- Coordination

They participate in:

- Dance
- Gymnastics
- Games
- Athletics

Children begin to work individually and collaboratively whilst developing simple tactics and strategies.

Key Stage Two

Pupils continue to apply and develop a broader range of skills through:

- Invasion games
- Net and wall games
- Striking and fielding activities
- Athletics
- Dance

- Gymnastics
- Outdoor and Adventurous Activities (OAA)
- Swimming

Children learn to evaluate and improve performance, work collaboratively and compete fairly whilst demonstrating respect for others.

Teaching and Learning

PE is taught for a minimum of two hours per week.

Teachers provide:

- High-quality modelling and demonstration
- Progressive skill development
- Opportunities for competition and cooperation
- Differentiated learning experiences
- Opportunities for reflection and self-assessment
- Safe and inclusive learning environments

Children are encouraged to evaluate their own performance and that of others, identifying strengths and areas for improvement.

Learning takes place both indoors and outdoors using a wide range of resources and equipment.

Swimming

Swimming is delivered in accordance with National Curriculum requirements.

By the end of Key Stage Two, pupils should be able to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively
- Perform safe self-rescue in different water-based situations

Swimming attainment is monitored and reported annually.

Inclusion and Equal Opportunities

At Aintree Davenhill Primary School, we believe PE should be accessible to all pupils.

Teachers make appropriate adaptations to ensure every child can participate and achieve success through:

- Differentiated activities
- Adapted equipment
- Flexible groupings
- Additional adult support where appropriate
- Alternative methods of recording or demonstrating learning

All pupils are provided with equal opportunities regardless of gender, disability, race, religion or belief, cultural background or socio-economic circumstances.

The school works closely with the SENDCo to ensure all pupils can access the PE curriculum successfully.

Assessment

Assessment in PE is continuous and informs future teaching and learning.

Teachers assess pupils through:

- Observation during lessons
- Skill demonstrations
- Questioning
- Peer assessment
- Self-assessment

Assessment information is used to identify strengths, gaps in learning and future curriculum priorities. Any digital devices used by staff to record pupil performance for assessment purposes must be school-owned and adhere strictly to the school's image consent policy.

PE and Sport Premium

The school uses PE and Sport Premium funding strategically to improve the quality of PE, physical activity and sport.

Funding supports the following key areas:

- Increasing engagement in regular physical activity.
- Raising the profile of PE and sport across the school.

- Developing staff confidence, knowledge and skills.
- Broadening the range of sporting opportunities available.
- Increasing participation in competitive sport.

The impact of spending is reviewed annually and published on the school website.

Extra-Curricular Activities

A wide range of extra-curricular activities are provided throughout the academic year to encourage participation and enjoyment.

These may include:

- Football
- Gymnastics
- Judo
- Fencing
- Netball
- Multi-skills
- Cross-country running
- Athletics
- Dance

The school continually reviews provision to ensure a broad and inclusive offer.

Competitive Sport

Children are provided with opportunities to participate in:

- Intra-school competitions
- Inter-school competitions
- Local authority sporting events
- MADCOS sporting competitions and festivals

Competitive opportunities are planned to maximise participation and inclusion for all pupils.

Resources

PE resources are stored securely and are regularly checked for safety and suitability.

The PE Subject Leader monitors equipment and ensures resources are:

- Safe to use
- Well maintained
- Replaced where necessary
- Appropriate for curriculum delivery

Children are encouraged to use and return equipment responsibly.

Health and Safety

The school places the highest priority on the safety of all pupils and staff, operating in accordance with standard Association for Physical Education (afPE) guidelines.

Teachers are responsible for ensuring:

- Learning environments are safe and suitable
- Equipment is checked before use
- Risk assessments are followed
- Appropriate supervision is maintained
- Medical needs are considered
- Weather conditions are assessed before outdoor activities

Pupils are taught how to handle and use equipment safely.

Jewellery and personal effects must not be worn during PE lessons. If earrings cannot be removed (e.g., due to a recent piercing), they must be safely taped over by the pupil or parent prior to the lesson. Long hair must be tied back securely. Religious items must be made safe in consultation with the school leadership team. False, acrylic or excessively long nails are not permitted in school because they present a health and safety risk during PE, playtimes and practical activities, may impede participation in learning, and can compromise effective hygiene practices

PE Uniform

The agreed PE kit consists of:

- Plain white T-shirt
- Plain black shorts

- Black plimsolls for indoor gymnastics and dance
- Trainers for games and outdoor activities
- Black tracksuit for outdoor sessions during colder weather

Parents will be informed where PE kit is regularly unavailable and support will be offered where appropriate.

Safeguarding

Safeguarding is everyone's responsibility.

All staff delivering PE lessons, clubs and sporting activities follow the school's safeguarding and child protection procedures at all times.

Any concerns regarding the welfare of a child are reported immediately in line with school procedures. Any external sports coaches or club leaders must hold valid DBS clearance and be vetted in accordance with the school's safer recruitment guidelines.

Monitoring and Evaluation

The PE Subject Leader is responsible for monitoring the quality of PE provision across the school.

Monitoring activities include:

- Lesson observations
- Learning walks
- Planning scrutiny
- Assessment analysis
- Pupil voice
- Staff consultation
- Monitoring participation rates
- Evaluation of PE and Sport Premium impact

The Subject Leader reports findings to senior leaders and governors and contributes to the School Improvement Plan.

Impact

The impact of the PE curriculum will be evidenced through:

- High levels of participation

- Improved physical competence
- Positive attitudes towards physical activity
- Increased confidence and resilience
- Improved health and wellbeing
- Success in competitions and sporting events
- Strong progression in skills from Reception to Year 6

Our aim is for every child to leave Aintree Davenhill Primary School with the skills, knowledge and enthusiasm needed to lead an active, healthy and fulfilling lifestyle.