



Hovis Soft White Thick 800g

Dietary and lifestyle

Allergy advice

Contains: Soya, Wheat

Lifestyle

Kosher, Low Fat

Suitable for Vegans, Vegetarians

Each slice (50g)

Energy

117kcal
494kJ

6%

Salt

0.45g

medium

8%

Sugars

1.7g

low	
2%	
Fat	
	0.8g
low	
1%	
Saturates	
	0.2g
low	
1%	

of an adult's reference intake*

Per 100g: Energy 987kJ/233kcal

*Reference Intake (RI) of an average adult (8400kJ / 2000kcal)

Description

Net Content

800 Grams

Ingredients

Wheat Flour (with added Calcium, Folic Acid, Iron, Niacin, Thiamin), Water, Yeast, Salt, **Soya** Flour, Preservative: E282, Emulsifiers: E471, E472e, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid

Nutritional Values

Typical values per 100g Per Slice 50g

Typical values	Per 100g	Per Slice 50g	%RI*
Energy	987kJ	494kJ	6%
Fat	1.7g	0.8g	1%
of which saturates	0.3g	0.2g	1%
Carbohydrate	44.6g	22.3g	9%
of which sugars	3.5g	1.7g	2%
Fibre	2.4g	1.2g	
Protein	8.7g	4.4g	9%
Salt	0.90g	0.45g	8%
This loaf contains 16 slices			
*Reference Intake (RI) of an average adult (8400kJ / 2000kcal)			