



## Hovis Soft White Thick 800g

### Dietary and lifestyle

#### Allergy advice

Contains: **Soya**, **Wheat**

#### Lifestyle

Kosher, Low Fat

Suitable for Vegans, Vegetarians

#### Each slice (50g)

Energy

117kcal  
494kJ

**6%**

Salt

0.45g

**medium**

**8%**

Sugars

1.7g

low
2%
Fat
0.8g
low
1%
Saturates
0.2g
low
1%

of an adult's reference intake\*

Per 100g: Energy 987kJ/233kcal

\*Reference Intake (RI) of an average adult (8400kJ / 2000kcal)

## Description

**Net Content**

800 Grams

**Ingredients**

**Wheat** Flour (with added Calcium, Folic Acid, Iron, Niacin, Thiamin), Water, Yeast, Salt, **Soya** Flour, Preservative: E282, Emulsifiers: E471, E472e, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid

**Nutritional Values**

Typical values per 100g Per Slice 50g

Typical values	Per 100g	Per Slice 50g	%RI*
Energy	987kJ	494kJ	6%
Fat	1.7g	0.8g	1%
of which saturates	0.3g	0.2g	1%
Carbohydrate	44.6g	22.3g	9%
of which sugars	3.5g	1.7g	2%
Fibre	2.4g	1.2g	
Protein	8.7g	4.4g	9%
Salt	0.90g	0.45g	8%
This loaf contains 16 slices			
*Reference Intake (RI) of an average adult (8400kJ / 2000kcal)			