




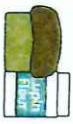










# ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Cheese & Tomato Pizza, Mixed Salad & Wedges

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input checked="" type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input checked="" type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input checked="" type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<input checked="" type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>

Notes: Pizza Base Mix contains Dairy and Gluten may contain Egg and Soya  
Cheese contains Milk

Reviewed and checked by: Paula Mackey














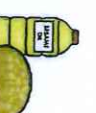


You can find this template and others, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

# ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Meatballs in Gravy Mixed Veg & Wedges

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input checked="" type="checkbox"/>	 Soya	<input checked="" type="checkbox"/>	 Sulphur Dioxide	<input checked="" type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>

Notes: Meatballs contain Sulphur Dioxide may contain Soya  
Quorn Meatballs contain Gluten  
Gravy contains Soya (May contain- Gluten)

Reviewed and checked by: Paula Mackey






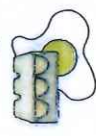


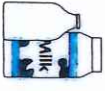







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## ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Sausage & Bean filled Yorkie with Mash

Date: 1/10/25

Chef:

<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>

Notes: Pork Sausage contains Gluten & Sulphur Dioxide  
 Quorn Sausage contains Gluten  
 Halal Sausage contains Gluten & Sulphur Dioxide  
 Mash contains Milk  
 Yorkshire pudding contains Milk, Egg & Gluten

Reviewed and checked by: Paula Mackey









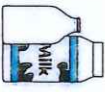







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## ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Pasta Bake topped with Mozzarella & Garlic Bread

Date: 1/10/25

Chef:

<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>

Notes: Pasta contains Gluten  
 Cheese contains Milk  
 Bread Mix contains Dairy, Eggs and Gluten may contain Soya

Reviewed and checked by: Paula Mackey

















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**ALLERGENS: CHEF RECIPE CARD**

Dish/ingredient: Roast Turkey, Veg Roast Potatoes & Gravy

Date: 1/10/25

Chef:

<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>	Lupin 	<input type="checkbox"/>	Milk 	<input type="checkbox"/>	Mollusc 	<input type="checkbox"/>	Mustard 	<input type="checkbox"/>	Nuts 
<input type="checkbox"/>	Peanuts 	<input type="checkbox"/>	Sesame seeds 	<input checked="" type="checkbox"/>	Soya 	<input type="checkbox"/>	Sulphur Dioxide 	<input type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b> <input checked="" type="checkbox"/>

Notes: Gravy contains Soya (May contain Gluten)  
Quorn Fillets contain Gluten

Reviewed and checked by: Paula Mackey

















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**ALLERGENS: CHEF RECIPE CARD**

Dish/ingredient: Quorn Sausage Veg Roast Potatoes & Gravy

Date: 1/10/25

Chef:

<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>	Lupin 	<input type="checkbox"/>	Milk 	<input type="checkbox"/>	Mollusc 	<input type="checkbox"/>	Mustard 	<input type="checkbox"/>	Nuts 
<input type="checkbox"/>	Peanuts 	<input type="checkbox"/>	Sesame seeds 	<input checked="" type="checkbox"/>	Soya 	<input type="checkbox"/>	Sulphur Dioxide 	<input type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b> <input checked="" type="checkbox"/>

Notes: Quorn Sausage contains Gluten  
Gravy contains Soya (May Contain Gluten)

Reviewed and checked by: Paula Mackey






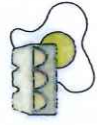


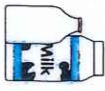







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## ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Chicken Tikka Masala Yellow Rice & Naan Bread

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input checked="" type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input checked="" type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input checked="" type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<input checked="" type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>

Notes: Tikka Masala Sauce contains Milk  
Bread Mix contains Dairy, Eggs, Gluten may contain Soya

Reviewed and checked by: Paula Mackey









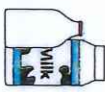







You can find this template and others, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

## ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Cheese & Potato Whirls with Baked Beans

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input checked="" type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input checked="" type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<input checked="" type="checkbox"/>	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>

Notes: Pastry contains Gluten (May contain Milk)  
Cheese contains Milk  
Egg wash contains Egg & Milk  
Mash 14767 no Allergens present  
Mash 70729 Contains Milk

Reviewed and checked by: Paula Mackey








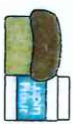








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# ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Fish Fillet Peas, Sweetcorn, Chips

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input type="checkbox"/>	 Eggs	<input checked="" type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>	

Notes: Fish Fillets contain Gluten , Fish Quorn Fishless Fingers contain Gluten

Reviewed and checked by: Paula Mackey














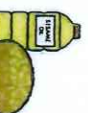


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# ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Cheese & Red Onion Quiche Veg & Chips

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input checked="" type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input checked="" type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input checked="" type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input checked="" type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>	

Notes: Quiche contains Gluten, Egg and Milk may contain Soya Mustard contains mustard (optional)

Reviewed and checked by: Paula Mackey















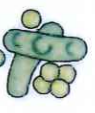

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## ALLERGENS: CHEF RECIPE CARD

Dish/ingredient: Ginger Cookies

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input checked="" type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>	

Notes: Flour contains Gluten may contain Soya  
Baking Powder contains Gluten






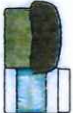








Reviewed and checked by: Paula Mackey

## ALLERGENS: CHEF RECIPE CARD

Dish/ingredient: Jam & Coconut Sponge Finger

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input checked="" type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input checked="" type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input checked="" type="checkbox"/>	 Soya	<input checked="" type="checkbox"/>	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>	

Notes: Sponge Mix contains Gluten, Dairy and Egg may contain Soya  
Coconut contains Sulphur Dioxide




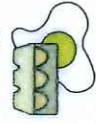


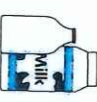







Reviewed and checked by: Paula Mackey

# ALLERGENS: CHEF RECIPE CARD

Dish/ingredient: Frozen Yoghurt pot

Date: 1/10/25

Chef:

 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 Lupin	 Milk	 Mollusc	 Mustard	 Nuts
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Notes: All Flavours contain Dairy

Reviewed and checked by: Paula Mackey




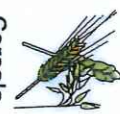



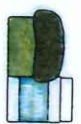
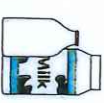







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# ALLERGENS: CHEF RECIPE CARD

Dish/ingredient: Cheese & Crackers

Date: 1/10/25

Chef:

 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
 Lupin	 Milk	 Mollusc	 Mustard	 Nuts
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Notes: Dairy/lea contains Milk  
Crackers contain Gluten may Contain Dairy, Egg and Sesame

Reviewed and checked by: Paula Mackey















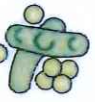

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# ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient: Chocolate & Banana Muffin

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input checked="" type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input checked="" type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input checked="" type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input checked="" type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>	

Notes: Muffin mix contains Dairy, Egg & Gluten may contain Soya

Reviewed and checked by: Paula Mackey



Food Standards Agency  
Investigate















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# ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient:

Date: 1/10/25

Chef:

<input type="checkbox"/>	 Celery	<input type="checkbox"/>	 Cereals containing gluten	<input type="checkbox"/>	 Crustaceans	<input type="checkbox"/>	 Eggs	<input type="checkbox"/>	 Fish
<input type="checkbox"/>	 Lupin	<input type="checkbox"/>	 Milk	<input type="checkbox"/>	 Mollusc	<input type="checkbox"/>	 Mustard	<input type="checkbox"/>	 Nuts
<input type="checkbox"/>	 Peanuts	<input type="checkbox"/>	 Sesame seeds	<input type="checkbox"/>	 Soya	<input type="checkbox"/>	 Sulphur Dioxide	<b>TICK THE ALLERGENS WHICH ARE IN THE DISH</b>	

Notes:

Reviewed and checked by: Paula Mackey



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