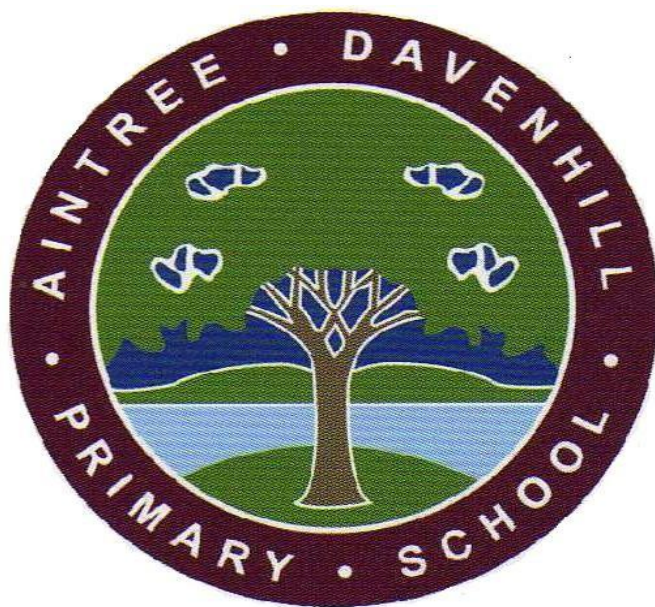


Aintree Davenhill Primary School



PE Policy

Approved by the Headteacher

July 2025

Aintree Davenhill PE Policy

PE Curriculum Intent

A successful PE curriculum is one that provides opportunities for children to become physically confident in a way in which supports their health and fitness. It is vital that it ensures that all children have the opportunity to compete in sport and other activities that build character and help to embed values such as fairness and respect.

At Aintree Davenhill, we recognise the vital contribution that physical education plays in the development of children's well-being. We therefore place a great emphasis on ensuring significant opportunities for children to be active throughout the school day and beyond. Through high quality teaching, we aim to inspire all children to become physically confident individuals and encourage a healthy respect for exercise and fitness.

In PE at Aintree Davenhill, our aim is for all children:

- to engage in a broad range of physical activities that allow the progression of new skills to be developed and applied
- to engage in competitive sports and activities
- to recognise the importance of sustained exercise on promoting an active and healthy lifestyle
- to work well as part of a team by taking the lead and learning to work collaboratively with others
- to understand and demonstrate values such as fairness and respect

Our teaching is based on the programmes of study contained in the National Curriculum document and emphasis will be placed on providing a high-quality physical education curriculum that inspires all children to succeed and excel in competitive sport and other physically-demanding activities.

PE Curriculum Implementation

In implementing the National Curriculum, we recognise a commitment to the following:

- 1) Developing children's physical confidence in a way in which supports their health and fitness
- 2) Providing opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect

Planning

For each year group, each session has been planned with progression in sport at the forefront. The children begin their sporting journey with the fundamentals of each game or event in Key Stage One and develop these skills into the game environment, both individually and as part of a team.

At the planning stage, teachers identify the direction of progress from Reception through to Year 6. The children have ample opportunity to practice each sport during their P.E. sessions as well as high quality extra-curricular clubs.

Each year group's planning takes into consideration which aspects of each activity the children have previously been taught and then builds on this allowing the children to develop as they progress through the year groups.

The planning ensures that children of all ability levels can access each session and will have the opportunity to improve.

Teaching

Through a minimum of 2 hours a week, teachers ensure effective delivery of our PE curriculum through a mixture of whole class teaching and individual or group activities. The time is made up of a variety of different activities and incorporates fitness sessions.

Children are given the opportunity to collaborate and to compete with each other, using a wide range of resources and equipment both indoors and outdoors. Teachers work with children to build their confidence and become competent when working on their own or as part of a group. Our curriculum, which is based on the P.E hub scheme, also ensures that children are encouraged to model their own performance/skill for other children to evaluate and to support each other improve and refine their own work.

Assessment and Record Keeping.

At Aintree Davenhill, assessment of PE is an ongoing process. As each lesson progresses, the teacher carefully observes and assesses, intervening as necessary, to ensure that each child makes the full progress of which they are capable.

At the end of every unit/half term, teachers record formal assessments for each child recognising whether they are emerging, expected or exceeding in that particular activity.

Children are also given opportunities to assess their own performances using assessment for learning success criteria.

Resources

PE resources are kept in the store cupboard and larger resources are kept in the outdoor unit. Resources are regularly monitored and checked for signs of damage by the PE team. Resources are replenished when necessary. The children are encouraged to look after resources and use a variety of resources in their learning.

Special Needs/Equal Opportunities

At Aintree Davenhill, we provide opportunities for all children to engage in PE whatever their ability and individual needs. Sessions are differentiated and children are given the opportunity to progress at their own level. This is in line

with the school's curriculum policy of providing a broad and balanced education to all children.

Impact of the PE Curriculum

Our curriculum aims to improve the wellbeing and fitness of all children at Aintree Davenhill. Within our lessons, children are taught about importance of their own health and fitness. We encourage children to utilise skills taught in sessions and knowledge of the many benefits of PE, in order to live happy and healthy lives.

Monitoring and Evaluation

At Aintree Davenhill, the PE team meet regularly.

The PE curriculum is monitored by the PE team through:

- observation of lessons – feedback to teachers
- monitoring the planning of the PE curriculum
- curricular targets and targets set for the school
- resources being used
- evaluation of the PE action plan for the SIP
- talking to children and teachers

The PE team uses information gathered from the above plus knowledge of National and LEA initiatives to develop the action plan for PE for the School Improvement Plan.

Health and Safety

All teachers are aware of the health and safety arrangements for the areas of activity that they are teaching. All children are taught how to handle and carry apparatus and resources appropriately.

Teachers ensure that no jewelry is to be worn for any physical activity and long hair should always be tied back.

P.E. Uniform

Plain white T-shirt

Plain black P.E. shorts

Black plimsoles for indoor use **only** (dance and gym)

Trainers for games (inside or out)

A black track suit (outdoor sessions)

No kit first time will be a warning and use of spare kit or uniform as long as correct footwear (see above)

No kit second time would be a dojo message home (spare kit if possible and sensible footwear)

Extra Curricular

Children at Aintree Davenhill are given the opportunity to take part in a variety of different extra curricular opportunities throughout the academic year. Our P.E

curriculum team frequently meet to promote a wide range of sports. These include:

- Judo
- Football
- Gymnastics
- Multi-skills
- Fencing
- Netball
- Cross Country running

Inter-school Competitions

Children will have the opportunity to compete internally within school in a variety of different sports. Termly competitions will be held. The PE team will ensure inclusivity and a wide variety of events to ensure all children or differing needs and abilities are catered for.

Sports Initiative

Since 2012, schools have received funding towards PE in school. At Aintree Davenhill this has been used to make additional and sustainable improvements to the quality of PE and sport.

These improvements have included:

- hiring qualified dance coaches to work with teachers
- providing existing teacher with training and resources to help them teach PE and sport more effectively
- introducing new sports or activities
- ensuring equipment and apparatus is updated, replaced and refurbished as necessary
- subsidising transport to sporting events or competitions
- Enriching experiences
- None mainstream sports allowing the children to experience these.

As part of the MADCOS Community, the school works with P.E Co-ordinators from the other primary schools and from the three MADCOS High Schools. A number of our extra-curricular sports clubs take part in Sefton or MADCOS competitions or events.

PE Policy – Revised June 2025

