

Aintree Davenhill Primary School – PSHE Curriculum Map

	Autumn		Spring		Summer	
	Health and Well-Being	Health and Well-Being	Living in the Wider World	Living in the Wider World	Relationships	Relationships
Nursery	Autum Getting to know others Recalling names Recalling smilarities and differences between people is dentifying what is special about themselves Exploring feelings that you may have starting nursery i.e. i.e. Exploring feelings that you may have starting nursery i.e. i.e. Exploring feelings that you may have starting nursery i.e. i.e. Recognising what children can do Setting and achieving simple goals Recognising what children can do Setting and achieving simple goals Recognising qualities of a good friend Understanding how to recognise and respond to bullying is with another child Spring PANTS – Reeping Safe Celebrating similarities and differences Recognising special people in our lives Understanding show are all different Understanding bow we are all different Understanding how to celebrate being different Exploring gender streetypes Understanding how to stay safe online Exploring who to tell fly our are worried or scared To identify, manage and express a range of emotions To explore most betting the same starting that the same should be supposed to the same should be supposed	in the class anxious, nervous, sad (Link to Anti-Bullying Week)	Living in the Wider World	Living in the Wider World	Kelationships	Relationships
	To explain how and why to keep clean To identify people in their family					
Reception	Health and Well-Being Autumn Recognising a range of emotions, i.e. happy, sad, excited Recognising a range of emotions, i.e. happy, sad, excited Recognising similarities and differences between people in Recognising similarities and differences between people in Setting and what chief differences between people in Setting and what chief differences between people in Setting and what chief differences between people in Setting and se	Week) dren hand washing to charities t is fair and unfair	Living in the Wider World	Living in the Wider World	Relationships	Relationships
	To understand change is good	nd Well-Being	Living in the	Wider World	Relati	onships
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	To set a goal	To understand what charity is and explain why people donate to charity	To identify the qualities of a good friend
Year 1	To understand and explain how to keep teeth healthy	To understand what charity is and explain why people donate to charity To understand the difference between wants and needs	To explain what a compliment is and why it is important
i eai I	To understand and explain now to keep teeth healthy To understand the importance of food	To celebrate achievements	To recognise our achievements
	To understand the importance of rood To understand the difference between healthy and unhealthy foods	To celebrate the achievements of others	To identify places and people who make me feel safe
	To understand the difference between fleating and diffically floods To understand the importance of variety on a diet	To fundraise money for a charity	
	To explain how to use medicine safely	To conclain how to keep safe online To exclain how to keep safe online	To explain why these places and people make us feel safe To explain why good friends are important and explore how to make new friends
	To explain now to discribe safely To explain what voting is and why it is important (Link to Student Council Elections)	To identify who to talk to if you are worried or scared about something	To understand good friendships and saying no
	To identify different types of bullying and explain what to do if they are being/witness bullying (Link to Anti-Bullying Week)	To exclain how you can keep yourself safe at home To exclain how you can keep yourself safe at home	To understand what 'bad' secrets are
	To identify and explain a range of positive and negative emotions	To explain how you keep safe at home To explain how to keep safe at home	To explain who is in their family, while recognising families are different
	To understand how to share feelings	To explain how to keep sale at home To explain the difference between good and bad secrets	To explain how they have grown and changed
	To understand how to share reenings To understand how to keep my body and mind healthy	To know when and how to call 999	To explain how they have grown and changed
	To understand now to keep my body and mind nearthy	To understand the PANTS rule	
	Health and Well-Being	Living in the Wider World	Relationships
Year 2	To set a goal	To understand what charity is and explain why people donate to charity	To identify the qualities of a good friend
i cai z		To understand what charity is and explain why people donate to charity	
	To identify heathy and unhealthy foods To explain what a healthy snack is	To fundraise money for a charity To explain the difference between wants and needs	To explain how to keep ourselves safe (Link to PANTS rule) To understand what pride is and identify what makes us proud
	To explain what a nealthy snack is To name the 5 food groups	To explain the different countries To explain the different countries	To understand what price is and identify what makes us proud To explain why it is important to feel proud
	To identify foods within each of the food groups	To explain how their life is different to the lives of children in other countries	To explain what makes us proud of other people
	To understand the importance of eating fruit and vegetables	To explain how to keep safe online To explain how to keep safe online	To understand what makes a good friend
	To explain how to stay safe around harmful substances	To identify who to talk to if you are worried or scared about something	To indentify how we can be a good friend to others
	To identify the risks associated with smoking	To explain how to keep safe around fire	To understand emotions To understand emotions
	To explain what parliament is and why it is important (Link to Student Council Elections)	To explain the risks associated with fire	To explain how to talk about feelings and emotions
	To identify different types of bullying and explain what to do if they are being/witness bullying (Link to Anti-Bullying Week)	To explore gender stereotypes	To name private parts of their body using correct vocabulary
	To explain what conflict is and ways of resolving conflict	To know when and how to call 999	To explain who is in their family, while recognising families are different
	To explain that to do if conflict escalates	To understand the PANTS rule	- To explain who is in their turning, while recognising turning are unrecent
	How to call 999		
	Health and Well-Being	Living in the Wider World	Relationships
Year 3		To understand what charity is and explain why people donate to charity	To identify the qualities of a good friend
. car 3	To set a goal	To understand what charity is and explain why people donate to charity To fundraise money for a charity	To identify the qualities of a good friend To identify positive thoughts and how positive thoughts can affect us
	To explain what food groups make up meals	To fundraise money for a charity To explain the difference between wants and needs	To identify positive thoughts and how positive thoughts can affect us To explore the concept of self-talk and identify how this can help us
	To understand how food choices can contribute to tooth decay To explain what a drug is	To explain the difference between wants and needs To explore life in different countries	To explore the concept of self-talk and identify how this can help us To identify what makes a healthy relationship and explain what makes a good friend
	To explain what a drug is To categorise drugs	To explore life in different countries To explain how their life is different to the lives of children in other countries	To identify what makes a healthy relationship and explain what makes a good friend To understand peer pressure and saying no
	To explain the effects of passive smoking	To explain now their me is unreferred to the lives of children in other countries To explain how to keen case online	To understand peer pressure and saying no To discuss personal houndaries
	To understand the effects of caffeine	To identify who to talk to if you are worried or scared about something	To explain who is in their family, while recognising families are different
	To explain democracy and explain why democracy is important (Link to Student Council Elections)	To explain how to keep safe around fire	To explain who is in their failing, while recognising failines are unierent To understand what dementia is and how it is related to memory
	To explain the difference between unkindness and bullying (Link to Anti-Bullying week)	To explain now to keep safe around me To explain the risks associated with fire	To understand what dementia is and now it is related to memory
	To explain the difference between unknowness and dunying (tink to Anti-bunying week) To explain what conflict is and ways of resolving conflict	To explain the risks associated with life To explore gender stereotypes	
	To explain what to do if conflict escalates	To explore genuer stereotypes	
	To explore the benefits of exercise		
	To explain how to keep my body and mind healthy		
	To explain how and when to share feelings		
	To explain a healthy lifestyle		
	Health and Well-Being	Living in the Wider World	Relationships
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Year 4	*	We also and bridge to the data to control of the second to	The second secon
Year 4	To set a goal To explain how food gives us operate	To understand what charity is and explain why people donate to charity To fundation monor for a charity.	To identify the qualities of a good friend To understand a growth mind set and how it can affect up
rear 4	To explain how food gives us energy	To fundraise money for a charity	To understand a growth mind-set and how it can affect us
rear 4	To explain how food gives us energy To explain why nutrients are important	To fundraise money for a charity To explain how to save and the benefits of saving	To understand a growth mind-set and how it can affect us To understand rights in a friendship and to explain why it is important to know these rights
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